

Module 2

Understanding Cognitive Differences

How attention, processing, memory, and sensory systems vary across brains.

KNOWLEDGE CHECK + ANSWER KEY

Five questions. Not graded — for self-assessment.

Questions

1. Working memory and processing speed are:

- A. The same construct measured two ways
- B. Highly correlated
- C. Statistically independent systems
- D. Only relevant in childhood

2. Sensory sensitivity and sensory seeking are:

- A. Mutually exclusive
- B. Two axes that can co-occur in the same person
- C. A childhood-only phenomenon
- D. Best addressed by ignoring the input

3. ADHD attention is best described as:

- A. Absent attention
- B. Attention that follows interest, novelty, and urgency
- C. Always distractible, never focused
- D. A behavioral choice

4. The earliest, cheapest place to intervene in cognitive overload is:

- A. After the meltdown
- B. At the quietest first signal of load

- C. By increasing demands to build tolerance
- D. By removing the person from the environment permanently

5. Identity-first vs person-first language is best decided by:

- A. The clinician
- B. The organization's style guide
- C. The individual being described
- D. Default convention

Answer key

1. C — Statistically independent systems
2. B — Two axes that can co-occur in the same person
3. B — Attention that follows interest, novelty, and urgency
4. B — At the quietest first signal of load
5. C — The individual being described